

Nordby Center for Recreation

Release of Liability Form

In consideration of being allowed to participate in Mitchell Aquatic Club swim team practices at the Nordby Center, the undersigned has read, understands, and agrees to:

1. The risk of injury from the activities involved in competitive swimming and diving is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases of others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the state and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest MAC and NCR officials immediately; and,
4. I, for myself and on the behalf of my heirs, assigns, personal representative and next of kin, hereby release and hold harmless NCR, their officers, officials, agents, and/or employees, other participants, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct events ("Releases") and practices with respect to all and any injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releases or otherwise, to the fullest extent permitted by the law; and,
5. I understand that this release of liability extends not only to time spent participating in NCR activities, but also the time traveling in route to and from NCR and any injuries that result as a direct or indirect result of participation in said programs and events.

I have read this release of liability and assumption of risk agreement, fully understand that I have given up substantial rights by signing it, and sign it freely and voluntarily with any inducement.

Participant's Signature

Date

For Parents/Guardians of participants of minority age (under 18)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releases, and, for myself, my heirs, assigns, and next of kin. I release and agree to indemnify and hold involvement of participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law.

Participant's Name

Emergency Phone #

Parent/Guardian Signature

Date

